

Geraer Laufcup 2023

| Pl. | Name | Vorname | JG | m/w | AK | Verein/Ort | Pkt. | Neujahrslauf | Fuchsbearglauf | Hofwiesenparklauf | Köstritzer Frühjahrs-cross | Heeresbearglauf | 10000m Bahnlauf | Mittsommerlauf Rüdersdorf | 5000m Bahnlauf | Triptiser Stadtwaldlauf | Elstertal-Lauf | Höherfestlauf | Köstritzer Parklauf | Herbstlauf Meuselwitz |
|-----|------------|------------|------|-----|-------|-----------------------------|------|--------------|----------------|-------------------|----------------------------|-----------------|-----------------|---------------------------|----------------|-------------------------|----------------|---------------|---------------------|-----------------------|
| 1 | Oelmann | Hannes | 2009 | M | J U16 | SV Blau-Weiß Bürgel | 60 | 12 | | 12 | 11 | | | 14 | | | | | 11 | |
| 2 | Graumüller | Konrad | 2008 | M | J U16 | TSV 1880 Gera-Zwötzen | 46 | | | | 16 | | | | 16 | | | | 14 | |
| 3 | Hilke | Constantin | 2009 | M | J U16 | 1. SV Gera | 36 | 13 | | 13 | | | | | | | | | 10 | |
| 4 | Wolf | Maximilian | 2009 | M | J U16 | TSV 1880 Gera-Zwötzen | 30 | 11 | | | 10 | | | | | | | | 9 | |
| 1 | Aasghari | Ali | 2007 | M | J U18 | LAV Elstertal Bad Köstritz | 62 | | | | | 16 | | 16 | | | | 16 | 14 | |
| 1 | Pfab | Sandro | 2005 | M | J U20 | Lusaner SC 1980 | 59 | | | | | | 16 | | 16 | 13 | | 14 | | |
| 1 | König | Kevin | 2000 | M | HK | Lusaner SC 1980 | 100 | | 14 | 10 | 13 | 16 | 16 | 10 | 14 | 13 | | 11 | 14 | |
| 2 | Schikora | Colin | 2001 | M | HK | SV Wismut Seelingstädt | 88 | 14 | 16 | 13 | 16 | | | | 16 | | | 13 | | |
| 3 | Lange | Edmund | 1995 | M | HK | Gera | 53 | 11 | | 12 | | | | 16 | | | | 14 | | |
| 4 | Waldau | Marcel | 1996 | M | HK | FC Carl Zeiss Jena | 50 | 12 | | | | | | 9 | | 16 | | | | 13 |
| 1 | Kubek | Florian | 1989 | M | | 30 SV 1924 Münchenbernsdorf | 94 | 16 | 14 | 16 | | | 16 | 16 | 16 | | | | | |
| 2 | Michel | Daniel | 1989 | M | | 30 Treuener LV | 76 | | | | | | 14 | | 14 | 16 | 16 | | | 16 |
| 3 | Snegirjow | Sergej | 1990 | M | | 30 Gera | 72 | 14 | 12 | 14 | 16 | 16 | | | | | | | | |
| 4 | König | Alexander | 1990 | M | | 30 SV Hermsdorf | 62 | 7 | | 12 | 14 | | | | | | | 13 | 16 | |
| 1 | Seyfarth | Sebastian | 1985 | M | | 35 1. SV Gera | 112 | 16 | 14 | 16 | | 16 | 16 | 16 | 16 | 16 | | | | |
| 2 | Bauer | Robby | 1986 | M | | 35 Papas Krieger | 89 | 11 | 10 | 13 | 16 | | 14 | 11 | 14 | | | | | |
| 3 | Zink | Steffen | 1987 | M | | 35 1. SV Gera | 84 | 3 | 8 | 10 | 14 | 13 | 13 | 7 | 13 | 11 | | 8 | | 10 |
| 4 | Voigt | Peter | 1988 | M | | 35 Gera | 75 | | 11 | | | 14 | | 12 | | 12 | 14 | | | 12 |
| 5 | Saupe | Christoph | 1987 | M | | 35 Laufgruppe Baumnatter | 55 | 2 | | | | 12 | 11 | 6 | 11 | 10 | | 3 | | |
| 6 | Eichler | Steve | 1985 | M | | 35 TSV 1880 Gera-Zwötzen | 37 | | | | 13 | | 12 | | 12 | | | | | |
| 6 | Metzner | Wieland | 1987 | M | | 35 Saalfelder LV | 37 | | 9 | | | | | | | 14 | | 14 | | |
| 1 | Beyer | Matthias | 1979 | M | | 40 SV Blau-Weiß Bürgel | 87 | 8 | | 8 | 11 | | | 14 | | 16 | 14 | | | 16 |
| 2 | Frank | Michael | 1980 | M | | 40 DJ BOCCA | 78 | | | 0 | 7 | 12 | | 11 | 10 | 8 | 10 | 10 | 14 | 11 |
| 3 | Zanner | Christian | 1980 | M | | 40 Gera | 72 | 10 | 14 | | 16 | 16 | 16 | | | | | | | |
| 4 | Poschart | Kai | 1979 | M | | 40 1. SV Gera | 67 | 3 | 11 | | | | 14 | 13 | 13 | | 13 | | | |
| 5 | Pogode | Dirk | 1979 | M | | 40 Laufkundschaft | 58 | | 8 | 5 | 8 | 14 | | | 11 | | | | | 12 |
| 6 | Pröhl | Marcus | 1981 | M | | 40 Treuener LV | 54 | | 13 | 12 | 13 | | | | 16 | | | | | |
| 7 | Schröder | Tino | 1980 | M | | 40 Papas Krieger | 45 | 0 | 7 | 1 | | 13 | | 12 | 12 | | | | | |
| 8 | Elbing | Sven | 1979 | M | | 40 Salsitz | 26 | 6 | | 7 | | | | | | | | | | 13 |

Geraer Laufcup 2023

| Pl. | Name | Vorname | JG | m/w | AK | Verein/Ort | Pkt. | Neujahrslauf | Fuchsberglauf | Hofwiesenparklauf | Köstritzer Frühjahrs-cross | Heeresberglauf | 10000m Bahnlauf | Mittsommerlauf Rüdersdorf | 5000m Bahnlauf | Triptiser Stadtwaldlauf | Elstertal-Lauf | Höherfestlauf | Köstritzer Parklauf | Herbstlauf Meuselwitz | |
|-----|-------------|--------------|------|-----|----|-----------------------------------|------|--------------|---------------|-------------------|----------------------------|----------------|-----------------|---------------------------|----------------|-------------------------|----------------|---------------|---------------------|-----------------------|----|
| 9 | Murbach | Martin | 1983 | M | 40 | | 25 | 5 | 10 | | 10 | | | | | | | | | | |
| 1 | Blaßies | Maik | 1977 | M | 45 | 1. SV Gera | 93 | 11 | | 7 | | 16 | | 14 | 16 | | | 13 | 16 | | |
| 2 | Macht | Andreas | 1977 | M | 45 | Laufsport Triptis | 81 | 13 | 12 | 11 | 16 | | | | | 13 | 16 | | | | |
| 3 | Drescher | Markus | 1976 | M | 45 | Borna | 57 | | 6 | | | | 16 | | 11 | | | 8 | | 16 | |
| 4 | Kneisel | Stefan | 1976 | M | 45 | TSV 1880 Gera-Zwötzen | 46 | | | | | | | 16 | | | | 16 | 14 | | |
| 5 | Methner | Thomas | 1978 | M | 45 | Stiftung Iltitest | 41 | | 11 | 6 | | 12 | | | | | | 12 | | | |
| 6 | Reinhold | Thomas | 1978 | M | 45 | SV Blau-Weiß Bürgel | 30 | 8 | | 8 | | | | | | | 14 | | | | |
| 7 | Brückner | Steve | 1974 | M | 45 | Clan der Haldenländer | 27 | 4 | 10 | | | 13 | | | | | | | | | |
| 7 | Jäckel | Frank | 1975 | M | 45 | Koma Gera OCR | 27 | 0 | 7 | 3 | | | | 9 | | | | | 8 | | |
| 1 | Graumüller | Ralf | 1971 | M | 50 | TSV 1880 Gera-Zwötzen | 108 | 14 | | 13 | 14 | 14 | 16 | | 16 | | | 16 | 16 | 16 | |
| 2 | Pommer | Tilo | 1972 | M | 50 | Triathlon Gera | 90 | | | 11 | 13 | 12 | 14 | 12 | 14 | 11 | 14 | | | | |
| 3 | Steglich | Silvio | 1969 | M | 50 | 1. SV Gera | 76 | 6 | 11 | 10 | 12 | 10 | 13 | 10 | | 10 | | | | | |
| 4 | Block | Alexander | 1973 | M | 50 | 1. SV Gera | 47 | | 12 | 12 | | 11 | | | | | | | 12 | | |
| 5 | Glaser | Marcel | 1971 | M | 50 | SSV Eintracht Naumburg | 46 | 16 | | | | 16 | | | | | | | | | 14 |
| 1 | Hering | Ralf | 1966 | M | 55 | Post SV Gera | 58 | 10 | | | | 16 | | | 16 | | | | | 16 | |
| 1 | Sypli | Lutz | 1963 | M | 60 | Lusaner SC 1980 | 112 | 16 | | 16 | | | 16 | 16 | 16 | 16 | 16 | 16 | 16 | 16 | 16 |
| 2 | Schneider | Lutz | 1961 | M | 60 | ASV Wintersdorf | 69 | | 13 | | | 14 | | | 13 | 8 | | 11 | | 10 | |
| 3 | Göbler | René | 1962 | M | 60 | Eisenberg | 63 | | | | | 16 | | 13 | | 10 | | 12 | | 12 | |
| 4 | Anschütz | Reinhard | 1962 | M | 60 | FSV 1950 Gotha | 52 | | 14 | 13 | | | | | | 11 | 14 | | | | |
| 5 | Klöpfel | Jürgen | 1959 | M | 60 | Laufclub Rudolstadt | 41 | 12 | | | | | | | | 13 | 16 | | | | |
| 1 | Junghanns | Gerd | 1958 | M | 65 | Sport- und Badverein Vollmershain | 112 | | | 16 | | 16 | 16 | 16 | 16 | | | | 16 | | 16 |
| 2 | Rudorf | Hans-Joachim | 1956 | M | 65 | FSV Meuselwitz | 102 | 14 | | 14 | | 14 | 14 | | 14 | 14 | 16 | 14 | 16 | | |
| 1 | Schumann | Peter | 1952 | M | 70 | Rennsteiglaufverein | 112 | 16 | 16 | | | 16 | 16 | | 16 | | | 16 | | | 16 |
| 2 | Zorn | Hartmut | 1950 | M | 70 | OTG 1902 Gera | 95 | | 13 | 11 | | 14 | | 16 | 13 | | | 14 | | 14 | |
| 3 | Kretzschmar | Manfred | 1952 | M | 70 | Rennsteiglaufverein | 60 | 14 | | | | | | | | 16 | | | 16 | | 14 |
| 4 | Tanzer | Dietmar | 1952 | M | 70 | Rennsteiglaufverein | 60 | 12 | 12 | 10 | 14 | 12 | | | | | | | | | |
| 5 | Gretsch | Helmut | 1949 | M | 70 | OTG 1902 Gera | 49 | | 11 | | | | | | 12 | | | | 13 | 13 | |
| 6 | Seegers | Uwe | 1950 | M | 70 | Triathlon Gera | 46 | | 14 | 16 | | | | | | | | | | 16 | |
| 7 | Lösche | Matthias | 1951 | M | 70 | Lusaner SC 1980 | 42 | | | 12 | 16 | | | | 14 | | | | | | |

Geraer Laufcup 2023

| Pl. | Name | Vorname | JG | m/w | AK | Verein/Ort | Pkt. | Neujahrslauf | Fuchsberglauf | Hofwiesenparklauf | Köstritzer Frühjahrs-cross | Heeresberglauf | 10000m Bahnlauf | Mittsommerlauf Rüdersdorf | 5000m Bahnlauf | Triptiser Stadtwaldlauf | Elstertal-Lauf | Höhlerfestlauf | Köstritzer Parklauf | Herbstlauf Meuselwitz | |
|-----|--------------|-----------|------|-----|----|-----------------|------|--------------|---------------|-------------------|----------------------------|----------------|-----------------|---------------------------|----------------|-------------------------|----------------|----------------|---------------------|-----------------------|----|
| 8 | Dümmler | Frowin | 1952 | M | 70 | Post SV Gera | 39 | | | | | 13 | 14 | | | | | | 12 | | |
| 1 | Wagner | Bodo | 1948 | M | 75 | Lusaner SC 1980 | 112 | 14 | 16 | 14 | 16 | 16 | 16 | 14 | 16 | 14 | 16 | | 16 | 14 | |
| 2 | Freundenberg | Horst | 1948 | M | 75 | Lusaner SC 1980 | 61 | | | 16 | | | | 16 | | 13 | | | | 16 | |
| 1 | Mohr | Siegfried | 1940 | M | 80 | SV Hermsdorf | 64 | | | | | | | | 16 | 16 | | | | 16 | 16 |

Geraer Laufcup 2023

| Pl. | Name | Vorname | JG | m/w | AK | Verein/Ort | Pkt. | Neujahrslauf | Fuchsberglauf | Hofwiesenparklauf | Köstritzer Frühjahrs-cross | Heeresberglauf | 10000m Bahnlauf | Mittsommerlauf Rüdersdorf | 5000m Bahnlauf | Triptiser Stadtwaldlauf | Elstertal-Lauf | Höhlerfestlauf | Köstritzer Parklauf | Herbstlauf Meuselwitz | |
|-----|------------|-------------|------|-----|-------|----------------------------|------|--------------|---------------|-------------------|----------------------------|----------------|-----------------|---------------------------|----------------|-------------------------|----------------|----------------|---------------------|-----------------------|----|
| 1 | Zabel | Alea | 2009 | W | J U16 | TSV 1880 Gera-Zwötzen | 64 | 16 | | 16 | 16 | | | | | | | | 16 | | |
| 2 | Dehnert | Angelina | 2009 | W | J U16 | TSV 1880 Gera-Zwötzen | 49 | 13 | | 11 | 12 | | | | | | | | 13 | | |
| 1 | Häberlein | Charlyn | 2007 | W | J U18 | SSV FSG Eisenberg | 44 | | | 14 | 16 | | | | | | | | 14 | | |
| 1 | Bielinski | Leni | 2005 | W | J U20 | LV Gera | 96 | 16 | 16 | 16 | 16 | | | | 16 | 16 | | | | | |
| 1 | Wolf | Katharina | 2000 | W | HK | 1. SV Gera | 36 | 10 | 13 | 13 | | | | | | | | | | | |
| 1 | Hämmerlein | Sandra | 1990 | W | 30 | Laufgruppe Blümchen | 112 | 14 | | | 16 | 16 | 16 | 14 | 16 | 16 | | | 16 | 16 | 16 |
| 1 | Helm | Annekathrin | 1988 | W | 35 | 1. SV Gera | 78 | 9 | | 16 | | | 16 | 12 | | 14 | | | | | 11 |
| 2 | Freidank | Jennifer | 1986 | W | 35 | | 41 | 13 | | | | | | | | | 16 | 12 | | | |
| 1 | Zanner | Beate | 1982 | W | 40 | Triathlon Gera | 112 | 16 | | 16 | 16 | 16 | 16 | | | 16 | 16 | 16 | | | |
| 1 | Oelmann | Katrin | 1976 | W | 45 | SV Blau-Weiß Bürgel | 108 | 16 | | 14 | 16 | | | 16 | | 16 | 14 | | 16 | | |
| 2 | Glunz | Hanka | 1977 | W | 45 | SV Blau-Weiß Bürgel | 83 | 13 | 14 | 12 | | | | 14 | | 14 | | 16 | | | |
| 1 | Quandt | Jana | 1970 | W | 50 | 1. SV Gera | 100 | 12 | | 11 | 16 | 14 | 16 | 14 | | | | | 16 | 12 | |
| 2 | Prade | Annett | 1973 | W | 50 | Gera | 91 | 11 | | 10 | 14 | 16 | | | | | 13 | | 14 | 13 | |
| 3 | Granowski | Claudia | 1970 | W | 50 | Eisenberg | 63 | | | | | 13 | | 12 | | 16 | | 13 | | 9 | |
| 4 | Modes | Kathrin | 1970 | W | 50 | LAV Elstertal Bad Köstritz | 59 | 14 | | 13 | | | | | | | | 16 | | 16 | |
| 5 | Wogawa | Diane | 1971 | W | 50 | Gera | 34 | 9 | | | | | | | | | | 14 | | 11 | |
| 1 | Anschütz | Saskia | 1967 | W | 55 | FSV 1950 Gotha | 80 | 16 | 16 | 16 | | | | | | 16 | 16 | | | | |
| 1 | Warnstedt | Renate | 1959 | W | 60 | Triathlon Gera | 108 | 16 | | | | 16 | 16 | 14 | 14 | 16 | | | 16 | | |
| 2 | Unger | Dorit | 1963 | W | 60 | Mühltauf-Verein Eisenberg | 60 | | | | | | | | | 14 | 16 | | 14 | 16 | |
| 3 | Müller | Verena | 1963 | W | 60 | Kernkraft Gera | 38 | 13 | | | | | | 13 | | 12 | | | | | |
| 1 | Kowalski | Edith | 1955 | W | 65 | Triathlon Gera | 112 | | 16 | 16 | 16 | 16 | | 16 | 14 | 14 | 16 | 16 | | 14 | |